

Southeast Georgia Karate Championships

Breaking Event Rules

General Rules

1. There will be four divisions
 - Black Belt Adult
 - Black Belt Youth
 - Under Black Youth
 - Under Black Belt Adult
2. NO power breaks
3. NO suspended breaks
4. Must provide own holders for stations
5. No spacers between boards to include fingers
6. A board is considered broken when it is completely broken in half or held together by strands
7. Any "assisting" by holders to include pulling apart boards after break, bending/pushing boards, or moving boards prior to break will result in that station not being counted.
8. Tournament Director or Head Judge can deem a break too dangerous.
9. ALL boards must be purchased at the Tournament.

Under Black Belt Divisions

- 2 minute time limit to set up and perform breaks
- 3 breaking stations
- 2 attempts allowed per station (.5 point deduction if fail break on 1st attempt)
- 1 point deduction if over time limit

Black Belt Divisions

- 3 minute time limit to set up and perform breaks
- 5 breaking stations
- 1 attempt allowed per station
- 2 point deduction if over time limit

Judging Criteria (out of 5 pts)

- Difficulty of breaks
- Number of boards broken/stations completed
- Technique
- Power
- Concentration
- Overall presentation